



## A User's Guide to Confession & Forgiveness

*Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'*

Mark 1:14-15

Once after returning from snow birding in Arizona, OHLC member Pete Pedersen came up to me after worship with a big smile. He was so glad to have confession and forgiveness at the beginning of worship again. They didn't do it at the Lutheran congregation he attends in Arizona. "I really missed it," he said. "Confessing my sin and hearing I am forgiven – it's the best!"

Pete is so right. It really is the best. It is disappointing to me that more Lutherans don't share Pete's enthusiasm for it. Confession and forgiveness is a true treasure of the church. It is the gospel in action. It is at the core of what Jesus commanded his church to do: calling people to repentance and announcing forgiveness of sin in his name. Perhaps some instruction in this part of the liturgy can help. What follows is a short user's guide for the Brief Order of Confession and Forgiveness we use almost every Sunday at OHLC.

The Brief Order begins with prayer. We ask God to send us the Holy Spirit so we can confess our sin rightly. Jesus taught that one of the Spirit's jobs is to convict us of our sin (John 16:9). We don't set the terms for sin, God does, and so we need the Spirit's help here.

This prayer is followed by a time of silence for reflection and self-examination. Take this time seriously. It is a time for honest self-assessment. Use it to silently name your specific sins before God. This isn't a time to wallow or beat yourself up, but it is a time to be honest, naming the recent failures or stumbles which have been troubling your conscience. If you can't think of anything, start going through the Ten Commandments, or the sharper parts of Jesus' Sermon on the Mount, or St. Paul's teaching on the Christian life. Once you start doing that, that time of silence will quickly seem way too short!

After the silence, we have a corporate confession, spoken together. The language of this joint confession is important. It is not a time for lamenting the general state of the world. It is not a time to recite the current list of our least favorite "isms" happening in society at large, which my liturgy professor in seminary once chided as "confessing other peoples' sins." This is a time for confessing the sinful condition of which we ourselves are all personally guilty, the sinful state which holds each of us captive, our shared sinful rebellion against God in thought, word, and deed. We say this together because we are all in the same boat. No one is better off than anyone else. Note that I am facing the altar with you during this time, confessing with you. We say this because it is true for all of us. As scripture tells us, "If we say we have no sin, we deceive ourselves, and the truth is not in us." (1 John 1:8)

Having unburdened ourselves by telling the truth about our sin, we are ready to hear the announcement of forgiveness. This is the word Jesus himself commanded the church to proclaim. As he said to the apostles, "If you forgive the sins of any, they are forgiven them." (John 20:23). Our Lord isn't kidding about this. This forgiveness is real. It is effective. This proclamation actually delivers forgiveness. As Martin Luther reminds us in the Small Catechism, "We receive absolution, that is, forgiveness, from the pastor as from God himself – not doubting but firmly believing that by it our sins are forgiven before God in heaven."

The word we hear in response to our confession is not good advice; it is Good News. It is the gospel in action. Christ's saving work on the cross is applied

**Fully  
Forgiven** to the concrete sins troubling our hearts and minds so that we can be free to worship, free to come into God's holy presence, and then free to go back out into the world with a clear conscience, returning to our daily lives newly suffused with the grace and love of God.



Pete's right. It really is the best.

-Pastor Jeffrey R. Spencer

## OHLC WELCOMES FOUR NEW MEMBERS!



Last month we were blessed to receive four new members at OHLC: **Alivia Ades, Chris & Jennifer Boshears, and Lillian Debolt.** Please make a point of welcoming these new friends to OHLC!

## LENT BEGINS ON FEBRUARY 18



Lent begins with Ash Wednesday on Feb. 18. We will have services at Noon and 7pm.

Midweek Lenten services and soup suppers will begin Wednesday, February 25, at Noon and 6pm. Sign-up sheets for soup, bread, set-up, and clean-up are posted in the narthex. Your help is appreciated!

The theme for our midweek services this year will be “Blessings from the Cross.” We will look at the last words of Christ from the cross and the blessings they bestow upon us.

- February 25:** FORGIVENESS *“Father, Forgive Them”*
- March 4:** MERCY *“Today You Will Be with Me in Paradise”*
- March 11:** COMMUNITY *“Woman, Behold Your Son”*
- March 18:** PRESENCE AMIDST SUFFERING *“My God, My God, Why Have You Forsaken Me?”*
- March 25:** SALVATION *“It is Finished”*

Make your attendance at each of these midweek Lenten services one of our Lenten disciplines, that you might come to a deeper understanding and appreciation for the blessings Christ bestows upon you from his Holy Cross.

## OHLC SINGLE ADULTS FELLOWSHIP – FEBRUARY 14, 2026

If you’re a single adult, we invite you to join us for the next gathering on Saturday, February 14, from noon to 3 pm in the OHLC Fellowship Hall.



Of course, there will be food, so feel free to bring whatever you would like to contribute to the meal. That could be a main dish, a salad, an appetizer, a dessert, or a snack. (Just a reminder that whatever you bring does NOT need to be homemade!) And don’t forget to bring containers to take home someone else’s leftovers!

We enjoy getting to know each other better, sharing stories, articles we’ve read, and activities we enjoy participating in or watching. Since our February meeting will be on Valentine’s Day, some of you might like to bring your favorite Valentine memory, or the story of how there came to be a Valentine’s Day. It’s been interesting and fun to see how our conversations always lead down interesting paths.

If you have questions or would like further info, please call Aloha Hart (360-672-5502 )or David Allen (360-720-3174). We’re hoping to see many of you at our February meeting!

## IN LOVING MEMORY

We offer prayers for our Lord’s comforting presence with those in our church family who have recently suffered the loss of loved ones, including...

...the friends and family of **Bruce Seltveit**, who died on December 20 at age 69.

...the friends and family of **Andrew Leitz**, who died on December 24 at age 66. Andy joined OHLC in January 2025. He was only with us a short time but he made a lasting impact. *See page 16*

...the friends and family of **Nancy Tipton**, who died on December 31 at age 90 after a lengthy illness. Her joy of music will be missed.

...the friends and family of **Willard Krigbaum**, who died on January 19 at age 92.

...the friends and family of **Esther Herlevi**, who died on January 20 at age 94. A memorial service was held Friday, January 30th at 11 am.

...Peace be to their memory

## SEMI-ANNUAL MEETING RECAP & ELECTION RESULTS

Our semi-annual meeting was held on January 18. Here's a recap of the business we conducted:

- + Our **2026 budget** was approved.
- + Mike Dilley was elected to our **Endowment Committee**.
- + Kathy Holroyd and Karol Pulliam were elected as our **Josephine representatives**.
- + Donna Aspery and Zona Raelson were elected as our **Lutherwood representatives**.
- + Skip and Judy Lycksell were presented with the **Servus Dei (Servant of God) award** for their many valuable contributions to the life and ministry of Oak Harbor Lutheran Church, in particular their 32 years of leading our Sharing Tree ministry.



Thanks to all who attended, all our candidates, to our council for their hard work this past year, and to our council president, Glenn Cornelius, who chaired the meeting.

### GRATEFUL FOR YOUR GIVING!

The final numbers are in on our 2025 budget, and we had a strong finish, with offerings exceeding expenses. Your weekly and/or monthly giving and your year-end gifts have been received with gratitude as a vote of confidence in our ministry together and are so appreciated.

What happens to that “surplus?” It remains in our checking account as a cushion for those months when our offerings don’t cover our expenses, which typically happens from time to time during the fiscal year. It ensures that we can meet our financial obligations throughout the year.

Thank you so very much for your continued faithfulness and generosity in funding the ministry we share.

Giving statements for your 2025 offerings were sent out on January 13. If you have any questions or concerns, please don’t hesitate to give us a call.



## GROWING AND LEARNING

### YOUTH INDOOR SNOWBALL FIGHT!

OHLC’s 5<sup>th</sup> annual Youth Indoor Snowball Fight will be held **Feb. 1, at 4 PM**. Pizza will follow at 5 PM. Middle School and High School youth are invited to compete to claim the **Coveted** (*but not in a breaking-the-commandments kind of way*) **Snow Globe Award** and strive to earn the **MVP prize!**



### YFG: PRETZELS & PRAYER! MARCH 1ST !



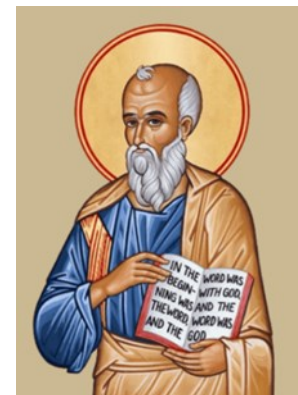
Join us from 4pm-6pm as we make fresh, homemade pretzels and explore the relationship between pretzels, prayer, and the season of Lent. We will also be serving chili for dinner. All are welcome! Join us for an evening of faith, fun, and fellowship!

### ADULT BIBLE STUDY

## LIFE IN HIS NAME

### *A Study of the Gospel of John*

The adult Bible study class meets on Sunday mornings in the church library from 9:15-10:15. Towards the end of his gospel, John tells us why he wrote it: “so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.” This month we will finish up our study of this gospel, looking specifically at how Jesus gives us life. It isn’t too late to join us as we come to some of the weightiest chapters in the entire book. Reading the chapters ahead of time is encouraged but not required. Here’s our schedule for February:



- February 1** John 18: The Life of the World Sentenced to Death
- February 8** John 19: The Death that Gives Life
- February 15** John 20: Life in His Name
- February 22** John 21: Life Abundant, Life Restored

*A new study on the book of Revelation will begin on March 1!*



# OFFICE WOMEN

Opportunities for Fellowship, Study & Service

## JOIN BLANKET WORKSHOP

**Y**ou're invited to join, **Tuesday & Wednesday, Feb. 3 & 4, 9:30 AM in the fellowship hall.**

We are always looking for new friends that enjoy sewing or would like to learn. Thank you!



## CIRCLES IN FEBRUARY

**Deborah Circle** will meet Thursdays in February at 1PM in the Library. All are welcome! Questions? Contact Gaye Rodriguey at [gaye@tobysuds.com](mailto:gaye@tobysuds.com)

- Feb 5** "Now Let Us Pray", Dec 2025/January/February 2026 **Gather** magazine, Session two, pages 38-40
- Feb 12** **Gather** magazine, Session two, pages 40-42
- Feb 19** *Grateful Gatherings*, "Discover the Gifts of Uncertainty"
- Feb 26** **Gather** magazine, Session two, pages 42-43

**Lydia Circle** meets the 1st and 3rd Tuesdays at 5:30 PM in the Prayer Room. We continue the book: *Daniel: Spiritual Living in a Secular World* (LifeGuide Bible Series) by Douglas Connelly. All are welcome! Contact Mary Brock at 360-672-8966 if you have any questions.

- Feb 3** Chapter 5: Our God Reigns!, Daniel 4
- Feb 17** Chapter 6: The Handwriting on the Wall, Daniel 5

# STEPHEN MINISTRY

**S**tephen Minister training is an engaging, energizing experience that features a mixture of presentation, video, group discussion, skill practice, and spiritual growth activities. Since 1975, more than 600,000 Stephen Ministers have been equipped by this training to provide care to millions of people.



Stephen Minister training is an engaging, energizing experience that includes a mixture of lecture, video, group discussion, skill practice, and spiritual growth activities.

## Stephen Minister training . . .

- ⇒ teaches principles and skills that equip you to provide high-quality, Christ-centered emotional and spiritual care to others.
- ⇒ gives you new insight into the thoughts, feelings, and actions of people who are hurting.
- ⇒ equips you with relational and caring skills you can apply to all aspects of your life.
- ⇒ helps deepen your faith as the Holy Spirit fashions you into a Christ-centered caregiver.
- ⇒ builds a special bond of Christian community and camaraderie among all those in your class.
- ⇒ is highly interactive, engaging, and a lot of fun!



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## Stephen Minister Job Description

Stephen Ministers are congregational members who are recruited, selected, trained, and commissioned to provide one-to-one lay caring ministry to people experiencing life difficulties in our congregation and community. They participate in supervision and continuing education each month. They initially serve two years and may renew their commitment.

**If you are interested in becoming a Stephen Minister**, please feel free to talk to the Stephen leaders, Gaye Rodriguey and Gail Dobbyn or one of the Stephen Ministers, Mike Dilley, Jan Heideger, Donna Meyers and Carol Reafs.

# COMPASSION MINISTRY

Ministry of the Month:



OHLC's ministry of the month for February and March, to coincide with Lent, is the Evangelical Lutheran Church in America (ELCA) World Hunger Appeal. As always, our contributions throughout these two months will be donated to the organization. We appreciate any contribution you can make to this most important cause. Please make your contribution to OHLC, with ELCA Hunger on the memo line.

*For I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me.*

– Matthew 25:35

God richly provides for daily bread — the earth can produce enough food for everyone. Yet, many of our sisters and brothers still go hungry.

By providing immediate relief to those who are hungry, we meet basic needs and recognize the universal human right to food. But ending hunger is about more than food. By connecting people with the resources they need to produce food and gain access to clean water, education, health care and sources of income, long-term, sustainable change can be accomplished.

## FEBRUARY BLOOD DRIVE !

Bloodworks Northwest is offering blood donation clinics at OHLC on February 5 & 6 and 12 & 13.

*Donations are by appointment only; spaces are available!*

To schedule an appt., visit <https://donate.bloodworksnw.org/donor/schedules/name>, scan the QR code, or call 800-398-7888.



## LUTHERWOOD REGISTRATION IS OPEN FOR SUMMER 2026!



Whether you love tubing on Lake Samish, sleeping under the stars, or have never been to camp before, they have something for everyone (including adults)!

## LOVING YOUR NEIGHBOR

*“Again the kingdom of heaven is like a merchant in search of fine pearls; on finding one pearl of great value, he went and sold all that he had and bought it.”*

–Matthew 13: 45-46

This is a beautiful and concise story of God's love for us. It is such abundant love that there is only one thing for the merchant to do, and that is give up everything to obtain the pearl. God is the merchant. We, the church and people of God, are God's beloved pearl. God shows up and in Jesus pays the ultimate price to win us.

Understanding love in this abundance is beyond my human ability. I can only grasp it by faith. I can only receive it as grace. I can only recognize it as the essence of God.

I do love the image of a pearl and what it represents. That God's beloved church, that each of us, can be molded and beautified because of some irritant or injury. Like a pearl, God's people are being formed into something new.



I see transformations happen often in my work as a therapist. It is not often that a mountain that moves. Most often it is a letting-go of a past hurt, a decision to hold on with a loose grip, or a word of God's love that changes everything.

God shows us how to love abundantly. May we be transformed by this love, and learn to love without limit.

*Written by a staff member of Lutheran Counseling Network*

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# FEBRUARY

👉 **Included in this newsletter** are *Prayer Ventures* and *The Spirit* for February.

👉 **The Brotherhood of St. Bernard**, OHLC's men's Bible study fellowship, meets Tuesdays, **Feb. 10 & 24**, at noon in the fellowship hall.

👉 OHLC's card makers, the **Church Mice Stampers**, meet on Tuesdays, **Feb. 10 & 24**, starting at 10:00 AM in the library.

👉 **The One Thing Book Group** will meet, **Feb 10** at 3 PM to consider *Accordion Eulogies: A Memoir of Music, Migration, & Mexico* by Noé Álvarez. Location TBA

👉 **Stephen Ministry** will meet on Thurs. **Feb. 12** at 4pm in the Library. The focus of the meeting will be the continued discussion of Module 20, "Caring for People Experiencing a Major Medical Crisis" found in the Volume 2 Training Manual, pages 531-562 with emphasis on pages 548-549.

👉 **The deadline for articles** for the February newsletter is **Friday, February 13.**

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## *A Tribute to a Dear Friend; Andy Leitz*

*We hear a lot about cherishing the moment and loving in the present, not knowing what the future will bring. We all have examples of loved ones taken too soon.*

*Andy Leitz was a gentle soul who I met in here at church. He sat behind me, new to our congregation, Summer 2024. During the sign of peace, he started crying and I instinctively went to him, sat with him, linked my arm through his and held his hand for as long as he wanted. Thus began a beautiful friendship. He had lost his wife about six months before and was grieving, thus the tears. My support of him was unconditional. I also gained a wonderful friend, and our bond grew stronger with much communication and fun talks that helped distract him and entertained me. They were delightful!*

*He would always miss his wife of 38 years, yet his grief was becoming more manageable, especially after grief counseling and making new friends. He loved our church and our mutual spirituality was quite in sync-- not often in this world. He attended the OHLC Brotherhood and Singles Group*

*lunches. He joined Mary Melanson, myself and other friends going to the Whidbey Playhouse. He joined the OH Senior Center and line danced. He was enjoying it all and moving on with ideas for the future.*

*Andy was recently diagnosed with stage three lung cancer. He had part of one of his lungs removed and did well. He started chemo and was feeling pretty good. Nine days later he developed a fever and thought he had the flu. His temp at 98-100 stabilized...until he fainted and woke enough to call 911. He texted me from the hospital. His immune system was compromised and sepsis set in. He asked me to bring him some necessary items. After that, the oxygen tube prevented him from talking. The next day, he was transferred to another hospital for better care.*

*That night, he had a nurse call me and Andy wrote on a pad that he wanted me to advocate for him, which I did. When I called the next morning to see how he was doing, the nurse said his family was there. I was so glad he had company. Little did I know they had been called at 5:30 am to come right away. His sister answered the phone in his room and gave me a beautiful gift...he could hear, so she held the phone to his ear so I could speak with him. Andy was in the Lord's arms right after that and passed Christmas Eve morning.*

*I cannot emphasize enough for us to make the most of every moment we have. The gift of time is most precious. Sharing our love in words and actions will live on in the souls of those we lose.*

*My heart is heavy. I didn't have enough time with him, yet the Lord thought differently. I rejoice in meeting Andy and knowing this kind, humble and sweet, gentle giant. I will greatly miss our bantering, and most of all, I will miss HIM. He had a heart of gratitude and wanted to live a good healthy life with some travel in the future.*

*Caring much for another and the pain of loss we endure is the price we pay for that caring and for loving. Yet, it is so worth the beauty of knowing another human being and honoring his or her presence in our lives. The precious present is not so much the physical gift as it is to one's heart.*

*-Leslie Improta*

# WORSHIP ASSISTANTS

## February 1

<b>8:00 AM</b>	<b>Assisting Minister:</b> Sheila Ryan <b>Acolyte:</b> Alice Gray <b>Healing Prayer:</b> F. Leukhardt & M. Stroud	<b>Computer:</b> Donna Aspery <b>Organ/Piano:</b> Sue Stroud <b>Altar Guild:</b> Mary Brock
<b>10:30 AM</b>	<b>Assisting Minister:</b> Moira Bartrand <b>Communion Assistant:</b> Louis Bartrand <b>Healing Prayer:</b> S. Erickson & T. Piper	<b>Computer:</b> Kyleigh Butz <b>Organ/Piano:</b> Sue Stroud <b>Altar Guild:</b> Kathy Holroyd

## February 8

<b>8:00 AM</b>	<b>Assisting Minister:</b> Tom Carey <b>Acolyte:</b> Elizabeth Richards	<b>Computer:</b> Sam Richards <b>Organ/Piano:</b> Verna Morgan <b>Altar Guild:</b> Mary Brock
<b>10:30 AM</b>	<b>Assisting Minister:</b> Carol Fitzgerald <b>Communion Assistant:</b> Laurie Johnson	<b>Computer:</b> Dylan Totten <b>Organ/Piano:</b> Verna Morgan <b>Altar Guild:</b> Diane

## February 15

<b>8:00 AM</b>	<b>Assisting Minister:</b> Jeff Margraf <b>Acolyte:</b>	<b>Computer:</b> Emma Norman <b>Organ/Piano:</b> Sue Stroud <b>Altar Guild:</b> Mary Brock
<b>10:30 AM</b>	<b>Assisting Minister:</b> Bobbi Miller <b>Communion Assistant:</b> Leslie Improta	<b>Computer:</b> Kelly Lau <b>Organ/Piano:</b> Sue Stroud <b>Altar Guild:</b>

## February 22

<b>8:00 AM</b>	<b>Assisting Minister:</b> Paul Senness <b>Acolyte:</b> Matthew Richards	<b>Computer:</b> Lucas Stone <b>Organ/Piano:</b> Verna Morgan <b>Altar Guild:</b> Mary Brock
<b>10:30 AM</b>	<b>Assisting Minister:</b> Kathy Holroyd <b>Communion Asst:</b> Rita Cline	<b>Computer:</b> Rita Carter <b>Organ/Piano:</b> Verna Morgan <b>Altar Guild:</b> Lori Gayhart



### Communion Bread Bakers:

Feb 1: Donna Aspery  
Feb 8: Gail Dobbyn  
Feb 15: Angela Stone  
Feb 22: J. Fantauzzi & D. Rhodes

**Little Lutheran bags in February: Wendy Wilson**

*Thank you to Colleen Pedlar and Sara Hogarth for January!*

**Sign up now on the Sunday Connection Card for months in 2026!**

# FINANCIAL REPORT

# DECEMBER

	<i>December</i>	<i>Year to date</i>
Income	\$ 55,322	\$ 444,254
Outgo	<u>39,196</u>	<u>431,427</u>
	\$ 16,126	\$ 12,827

# WORSHIP ATTENDANCE

# JANUARY

Date	8:00 AM	10:30 AM
Dec 21	52	105
Dec 28	33	55
Jan 4	51	91
Jan 11	48	74
Jan 18	43	83
Jan 25	39	76
<b>Avg. Att.</b>	45	81

Average Sunday attendance: 125

## Christmas Eve worship, Dec. 24, 2025

4:00 PM - 119  
7:00 PM - 112  
10:00 PM - 54

## Christmas Day worship, Dec. 25, 2025

10:00 AM - 39



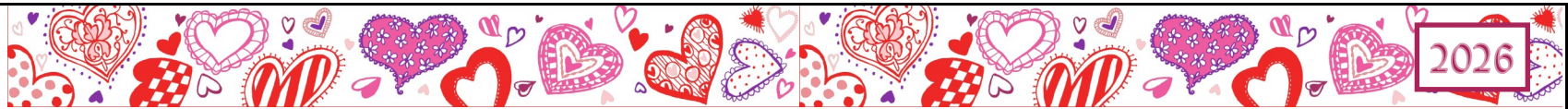
# LESSER FESTIVALS AND COMMEMORATIONS


# FEBRUARY

- |   |   |
|---|---|
| 2 The Presentation of our Lord  | 18 Martin Luther, renewer of the Church, 1546 |
| 3 Ansgar, Bishop of Hamburg, missionary to Denmark & Sweden, 865      | 23 Polycarp, Bishop of Smyrna, martyr, 156    |
| 5 The Martyrs of Japan, 1597  | 25 Elizabeth Fedde, deaconess, 1921           |
| 14 Cyril, monk, 869; Methodius, bishop 855; missionaries to the Slavs |   |

This month's decorative font is: KINGTHINGS EMBROIDERY

# February



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> <b>Worship</b> 8:00 Sunday School 9:15 Adult Ed. 9:15 <b>Worship</b> 10:30  Yth Snowball Fight 4:00 Pizza Dinner 5:00 Confirmation 6:00 CA/library 7:30	<b>2</b> 12:30 M.M. set-up 1:30 Munchy Monday  6:30 WIYS 7:00 North Whidbey NA 	<b>3</b> 9:30 Blanket Workshop  5:30 Lydia Circle 5:30 Al Anon	<b>4</b> 9:30 Blanket Workshop  1:00 Living with Loss  4:15 Chancel Choir	<b>5</b> <b>Bloodworks NW</b> 10 AM – 4 PM fellowship hall  1:00 Deborah Circle 7:00 Compassion Team 7:00 NA	<b>6</b> <b>Bloodworks NW</b> 10 AM – 4 PM fellowship hall	<b>7</b>
<b>8</b> <b>Worship</b> 8:00 Sunday School 9:15 Adult Ed. 9:15 <b>Worship</b> 10:30  CA/library 7:30	<b>9</b> 12:30 M.M. set-up 1:30 Munchy Monday  6:30 WIYS 7:00 North Whidbey NA	<b>10</b> 10:00 Church Mice Stampers 12:00 Brotherhood of St. Bernard  3:00 SPiN B.O.D. 5:30 Al Anon	<b>11</b> 9:30 Blanket Workshop 1:00 Living with Loss  4:15 Chancel Choir	<b>12</b> <b>Bloodworks NW</b> 10 AM – 4 PM fellowship hall  1:00 Deborah Circle 4:00 Stephen Ministry 6:00 Council 7:00 NA	<b>13 Newsletter Deadline</b>  <b>Bloodworks NW</b> 10 AM – 4 PM fellowship hall  3:00 QUEST CLUB	<b>14</b>  12:00 Singles Fellowship
<b>15</b> <b>Worship</b> 8:00 Sunday School 9:15 Adult Ed. 9:15 <b>Worship</b> 10:30  CA/library 7:30	<b>16 Presidents Day</b> <b>Church office Closed</b>  No Munchy Monday  5:00 WIYS 7:00 North Whidbey NA	<b>17</b>  5:30 Lydia Circle 5:30 Al Anon	<b>18 Ash Wednesday</b>  <b>12:00 Worship service</b> 1:00 Living with Loss  4:15 Chancel Choir <b>7:00 Worship service</b>	<b>19</b>  1:00 Deborah Circle  7:00 NA	<b>20</b>	<b>21</b>
<b>22 Lent 1</b> <b>Worship</b> 8:00 Sunday School 9:15 Adult Ed. 9:15 <b>Worship</b> 10:30  CA/library 7:30	<b>23</b> 12:30 M.M. set-up 1:30 Munchy Monday  7:00 North Whidbey NA	<b>24</b> 10:00 Church Mice Stampers 12:00 Brotherhood of St. Bernard  6:00 BSA Court of Honor 5:30 Al Anon	<b>25</b> 9:00 newsletter assembly  <b>12:00 Midweek Worship</b> 12:30 Soup & bread 1:00 Living with Loss 4:15 Chancel Choir <b>6:00 Midweek Worship</b> 6:30 Soup & bread	<b>26</b>  1:00 Deborah Circle  7:00 NA	<b>27</b>  3:00 QUEST CLUB	<b>28</b>



## A Taste of Loving-Kindness

A Sunday school teacher once asked her class, “What do you think the Bible means when it speaks of loving-kindness?”

A young boy thought for a moment and replied, “Well, if I were hungry and someone gave me a piece of bread with butter on it, that would be kindness. But if they added a spoonful of jam, that would be loving-kindness.”